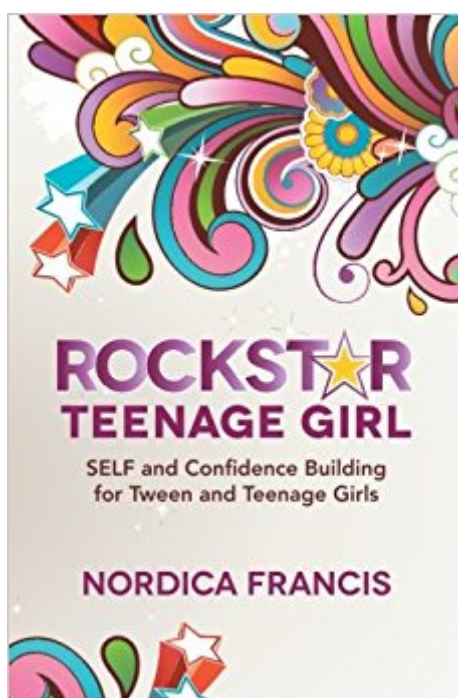


The book was found

RockStar Teenage Girl: SELF And Confidence Building For Tween And Teenage Girls



Synopsis

Subtitle: Self-Esteem and Confidence Building for Tween and Teenage Girls

Book Information

Paperback: 136 pages

Publisher: CreateSpace Independent Publishing Platform (October 6, 2012)

Language: English

ISBN-10: 1478139781

ISBN-13: 978-1478139782

Product Dimensions: 5.2 x 0.3 x 8 inches

Shipping Weight: 7.5 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 2 customer reviews

Best Sellers Rank: #581,073 in Books (See Top 100 in Books) #149 in Books > Teens > Social Issues > Self-Esteem & Self-Reliance #150 in Books > Teens > Personal Health > Self-Esteem #1674 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Self-Esteem & Self-Respect

Age Range: 12 - 17 years

Grade Level: 7 - 12

Customer Reviews

I brought this book for one my daughter who struggled to fit in. I believe it gave her strategies, identification, and finding out she is not alone.

A must-have for your collection of books. Eye-opening, useful, current...not just a fabulous read, which it is. You and your teenager will reach for this book over and over for all the help and answers you need about the tween and teenage years.

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in Life.: Easy Tips & Tricks on How to become more Self Confident and Gain Creative Confidence (Confidence: ... Person You've Always Wanted to be. Book 1) Self Love: F*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion, Love Yourself, Affirmations Book 3) Charisma: Discover How to be More Charismatic, Enhance Your Social Skills and Create a Magnetic Aura: Confidence Hacks (Charisma, Confidence, Self Confidence, ... Influence, Persuasion, Mind Hacks, Book 7) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) NAVY SEAL: Self Discipline: How to Become the Toughest Warrior: Self Confidence, Self Awareness, Self Control, Mental Toughness (Navy Seals Mental Toughness) Between U and Me: How to Rock Your Tween Years with Style and Confidence Runaway Girl (Runaway Rockstar Series Book 1) The One Year Be-Tween You and God: Devotions for Girls (One Year Book) Ladies Like Us: A modern girl's guide to self-discovery, self-confidence and love (The Darling Academy Book 1) How to DECLUTTER Your Mind: How to Regain your Self Esteem & Self Confidence: How to Stop Worrying and Relieve Anxiety: Deliver Me From Negative Self Talk Self-Discipline: Self-Discipline of a Spartan Trough: Confidence, Self-Control and Motivation (Motivation, Spartan, Develop Discipline, Willpower) Self Love: Raising Your Self-Confidence & Self-Esteem NAVY SEAL DISCIPLINE; The Ultimate Guide to Self-Discipline & Control like a US NAVY SEAL: Gain Incredible Self Confidence, Motivation & Discipline.: Self-Discipline: ... Guide (NAVY SEAL WARRIOR GUIDES Book 1) Self-Therapy for Your Inner Critic: Transforming Self Criticism into Self-Confidence How To Say No (For Teens) (When I Say No I Feel Guilty, Self Confidence, Teen Self Help, Self Help Books for Women, Social Skills Book 1) A Girl After God's Own Heart: A Tween Adventure with Jesus

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